



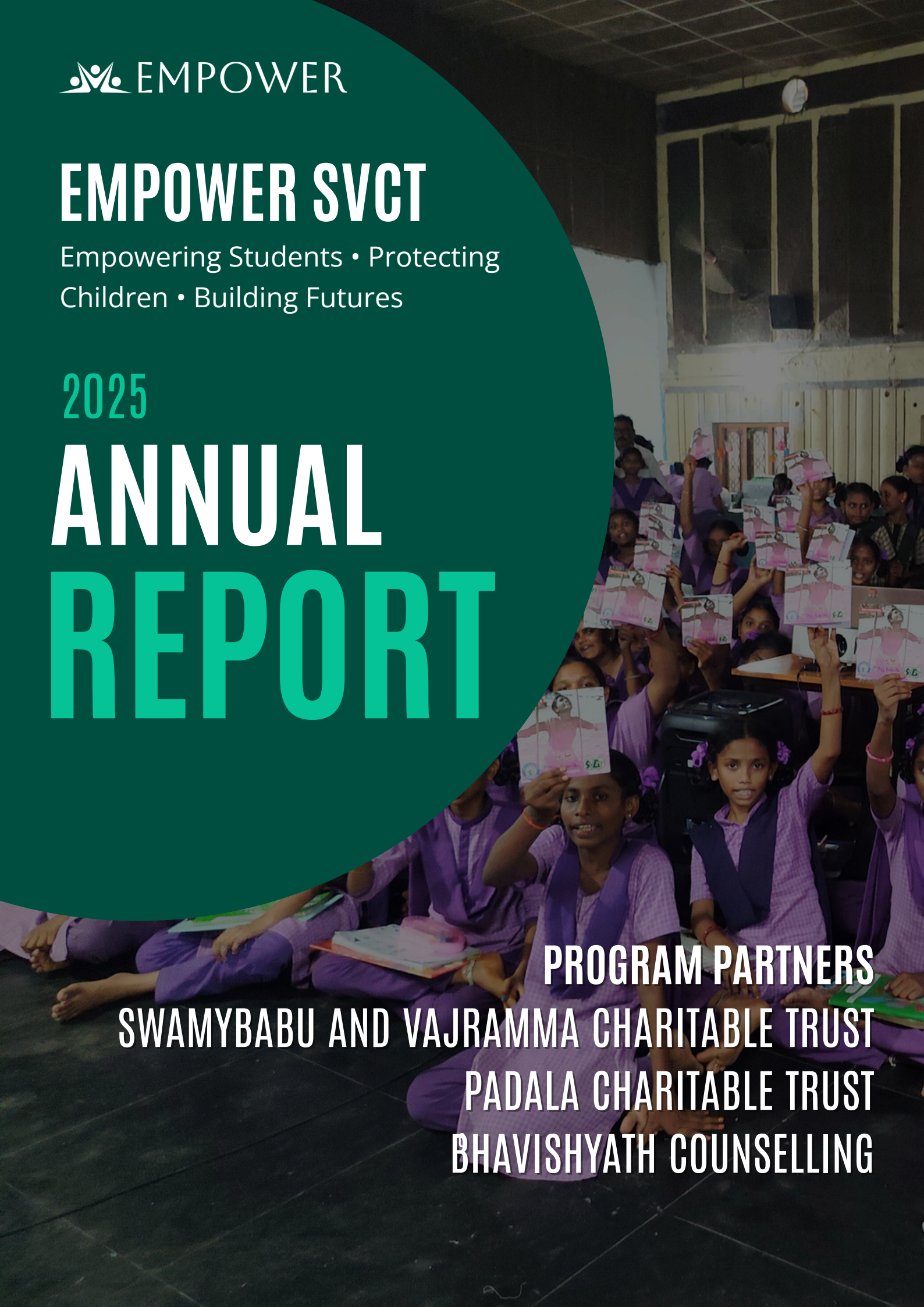
EMPOWER SVCT

Empowering Students • Protecting
Children • Building Futures

2025

ANNUAL REPORT

PROGRAM PARTNERS
SWAMYBABU AND VAJRAMMA CHARITABLE TRUST
PADALA CHARITABLE TRUST
BHAVISHYATH COUNSELLING



ABOUT Empower SVCT



Empower SVCT Inc., founded in 2023, is a 501(c)(3) nonprofit organization in the USA dedicated to raising funds and supporting sustainable projects and initiatives that uplift underprivileged communities. It has its roots in its sister and partner organization in India, The Swamybabu and Vajramma Charitable Trust (SVCT), a charitable organization established in India.

Our mission is to promote health and health education, foster educational opportunities and entrepreneurial skills, advance integrated community development, and advocate for environmental stewardship and renewable energy solutions.



ABOUT SVCT



The Swamybabu and Vajramma Charitable Trust (SVCT) is a registered nonprofit organization based in Narasannapeta, Srikakulam district, with over 35 years of dedicated service to underprivileged communities. The Trust has consistently worked in the areas of education, health, and social welfare, focusing on practical solutions that respond to local needs.

Founded by the Late Shri T.V. Kumara Gupta and Late Shri Tankala Babjee, SVCT carries a strong legacy of public service and community engagement. Over the decades, the Trust has partnered closely with various state and central government departments to implement welfare programs that reach the most marginalized populations.

Since 2021, SVCT has sharpened its focus on student development, adolescent health, and child safety within government educational institutions, recognizing that early guidance and protection can transform life trajectories and break cycles of disadvantage.



OUR FOCUS AREAS

Empower SVCT's programs are thoughtfully designed to empower students in rural and semi-urban government schools by expanding access to guidance, awareness, and essential support systems. Our initiatives focus on equipping young people with the knowledge, skills, and confidence they need to thrive academically and personally.

Our key focus areas include:

- ✔ **Adolescent health, hygiene, and mental well-being**, fostering healthy physical, emotional, and social development
- ✔ **Child protection, internet safety, bullying prevention, and legal awareness**, empowering students to recognize their rights and confidently access appropriate support
- ✔ **Targeted support for vulnerable children**, particularly those from single-parent or orphaned households, to promote continuity in education and holistic care
- ✔ **Career awareness and educational guidance**, enabling students to make informed choices and envision diverse pathways for their future

Together, these focus areas contribute to nurturing confident, resilient, and well-rounded individuals prepared to build meaningful futures.





OUR PROGRAMS

A. SWECHHA - Adolescent Health Awareness Program

B. SWECHHA For Little Birds

C. VAARADHI - Holistic Care and Support For Vulnerable Children

D. Career Counselling and Guidance Program

Programs: Overview & Impact

A. SWECHHA - Adolescent Health Awareness Program

Launched: **2023**

Target Group: Students of Classes 8 and 9

Objective

SWECHHA aims to address the sensitive yet critical issues surrounding adolescence, health, and safety in a supportive and stigma-free environment. This program empowers adolescent girls by raising awareness on menstrual hygiene, reproductive health, personal safety, child sexual abuse, child marriage, and adolescent well-being. It breaks social taboos, promotes open dialogue, and advances gender equity while supporting women with skills, resources, and training for self-sufficiency and entrepreneurship.

The Swechha for Boys program provides structured education on adolescent changes, reproductive health and hygiene, bullying, peer pressure, and substance abuse, and creates a safe space for open dialogue on sensitive topics such as sexuality, STDs, and related misconceptions.

Focus Areas

- ✓ Menstrual hygiene and reproductive health education
- ✓ Nutrition, emotional health, and mental well-being
- ✓ Gender sensitivity and respect
- ✓ Personal safety and prevention of child marriage and sexual abuse
- ✓ Awareness of the POCSO (Protection of Children from Sexual Offences) Act and child rights
- ✓ Collaboration with District Education Authorities to facilitate implementation in schools

Programs: Overview & Impact

Cumulative Impact

- ✓ 3154 students engaged
- ✓ 104 sessions conducted
- ✓ Each participating school receives a structured series of three sessions for sustained engagement

Key Outcomes

- ✓ Reduced stigma and misinformation around menstruation and adolescence.
- ✓ Increased confidence among students to ask questions and seek help
- ✓ Better understanding of personal safety, boundaries, and legal protections



Programs: Overview & Impact

B. SWECHHA For Little Birds

Launched: **2024**

Target Group: Students of Classes 1 to 7

Objective

Swechha For Little Birds (SFLB) is a child safety program for children aged 6–12 that raises awareness on safe touch, exploitation, the POCSO Act, and bullying through interactive school sessions, equipping children with the knowledge and skills to prevent abuse and protect themselves.

Focus Areas

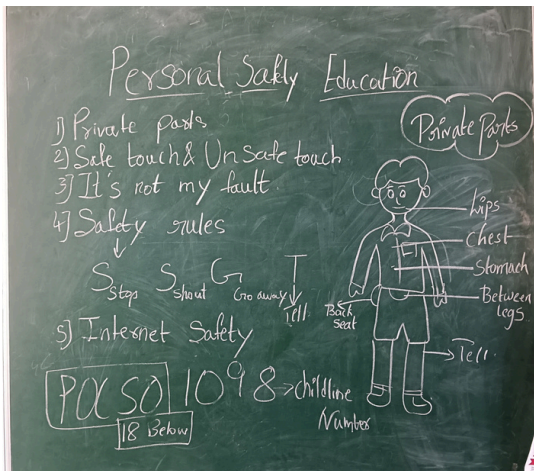
- ✓ Understanding safe touch and unsafe touch
 - ✓ Recognizing exploitation, abuse, and uncomfortable situations
 - ✓ Internet safety and bullying prevention
 - ✓ Knowing whom to approach for help, including awareness of Child Helpline 1098
 - ✓ Collaborating with the State Director for School Education, through PCT, to recommend implementation of SFLB at all government schools in several districts of interest to SVCT
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- ✓ **4403 children** engaged
 - ✓ **80 sessions** conducted

Cumulative Impact

Programs: Overview & Impact

Key Outcomes

- ✓ Children are able to confidently articulate safety concepts
- ✓ Improved openness in discussing concerns with teachers and parents
- ✓ Early development of self-protection and help-seeking behaviors
- ✓ State Director of School Education issued a letter instructing District Educational Officers to recommend all government schools in their districts to implement SFLB in their schools



Programs: Overview & Impact

C. VAARADHI - Holistic Care and Support For Vulnerable Children

Launched: **2024**

Target Group: Students from single-parent or no-parent households who are at high risk of dropping out or neglect.

Objective

VAARADHI serves as a bridge of support to ensure that the most vulnerable children are not left behind. To ensure continuity in education, emotional stability, and overall well-being for highly vulnerable students, enabling them to complete schooling with dignity and hope.

Focus Areas

- ✓ Financial assistance for education, books, uniforms, and basic medical needs
- ✓ Health and education awareness sessions for students and caregivers
- ✓ Emotional support, mentoring, tutoring, and regular follow-up
- ✓ **55 students** are supported across 6 schools

Cumulative Impact

Programs: Overview & Impact

Key Outcomes

- ✓ Resource Provision: Eliminating logistical barriers through essential supplies and transportation support
- ✓ Personalized Mentorship: Guaranteeing individualized emotional and academic oversight via dedicated student-mentor pairings
- ✓ Integrated Health Care: Prioritizing physical well-being through regular check-ups and responsive medical aid
- ✓ Institutional Alignment: Streamlining student progress through active school coordination and community awareness initiatives



Programs: Overview & Impact

D. Career Counselling and Guidance Program

Launched: **2021**

Target Group: Students of Classes 9, 10, 11 and 12

Objective

To enable informed career decisions and long-term educational planning among students who often lack exposure to diverse opportunities.

Focus Areas

Through interactive sessions and mentoring, we:

- ✓ Introduce students to a wide range of career pathways across science, commerce, arts, vocational streams, and emerging fields
- ✓ Guide students in subject selection aligned with their interests and abilities
- ✓ Provide information on higher education options, entrance exams, scholarships, and government skill development programs
- ✓ Offer post-session mentoring, helpline support, and follow-up to clarify doubts and motivate students

Cumulative Impact

- ✓ **15,869 students** engaged
- ✓ **229 sessions** conducted
- ✓ Programs delivered across government high schools, junior colleges, Kasturba Gandhi Balika Vidyalayas, Gurukulams (APTWRIES), Mahatma Jyotiba Phule Schools, and Ekalavya Model Residential Schools

Programs: Overview & Impact

Key Outcomes

- ✔ Students demonstrate greater clarity about career goals and academic pathways
- ✔ Increased continuation into higher education and skill programs
- ✔ Strong engagement and encouragement from parents, teachers, and school leadership



Partnerships and Collaboration

Empower SVCT is built on strong partnerships that combine local presence with professional expertise. Empower SVCT partners are:

- ✓ SVCT, Narasannapeta – Local Coordination and program implementation
- ✓ Padala Charitable Trust, Kakinada – Professional support for the SWECHHA and VAARADHI programs
- ✓ Bhavishyath Public Trust, Bangalore – Professional support for the Career Guidance and Counselling program

We also coordinate with key government stakeholders, including:

- ✓ District Education Office (DEO)
- ✓ Kasturba Gandhi Balika Vidyalaya - Sarva Shiksha Abhiyan Department
- ✓ Mahatma Jyotiba Phule Schools
- ✓ District Coordinating and Vocational Education Officers

These collaborations ensure program relevance, access to schools, and alignment with government priorities.



Feedback and Evidence Of Change

Consistent feedback from schools and communities highlights the positive change brought about by Empower SVCT:

- ✓ Headmasters' report improved student engagement, confidence, and motivation
- ✓ Students express clearer career aspirations and healthier attitudes toward hygiene and safety
- ✓ Teachers observe greater openness in discussing sensitive topics such as health, safety, and technology use
- ✓ Increased student agency as a direct result of the Swechha program, evidenced by students proactively seeking guidance and reporting grievances. This trend highlights a strengthened trust in counselors and a clear understanding of personal rights and boundaries

Selected testimonials, photographs, and written feedback from schools are documented in the annexures, reflecting real voices from the field.



Plans for 2026

With continued donor support, Empower SVCT in collaboration with SVCT plans to:

- ✓ Expand program coverage to more government schools across the district
- ✓ Increase the number of children supported under the VAARADHI program
- ✓ Strengthen monitoring, follow-up, and mentoring systems to track long-term outcomes
- ✓ Plans to enhance learning through libraries, digital content in STEM and social sciences, and computer literacy

All activities will continue to be conducted in close coordination with school authorities to ensure minimal disruption to academic schedules and maximum student participation.



Why Donor Support Matters

Your support is central to the success of Empower SVCT. It enables us to:

- ✓ Reach underserved students in remote and resource-poor areas
- ✓ Provide sustained, multi-session interventions rather than one-time engagements
- ✓ Protect children and adolescents during their most critical developmental years

Every session builds awareness. Every student engaged represents a step towards a safer, healthier, and more empowered future.



Closing Note

Empower SVCT remains deeply committed to creating safe, informed, and empowered students across Srikakulam district. With the continued partnership of our donors and collaborators, we can deepen our impact and extend our reach to many more children who need guidance, protection, and opportunity.

Together, we can help shape futures and transform communities.



ANNEXURE: Testimonials & Feedback

SWECHHA

Eighth-grade student from DR.BR.Gurukulam, Etcherla



Sister, you explained everything very well. Last time, sir also came and shared many valuable insights. We are eager to learn more information. I felt very happy when you came and explained things. Everyone here listens with great interest when you speak. There are around eighty people here, and even if at least ten of them change because of this, it will make a big difference. All of this is happening because of your efforts. Sister, we request you to visit us again and inspire us with your motivating talks. Today, you spoke about the appropriate usage of mobile phones. Most people here spend too much time on their phones making reels, uploading photos on Facebook and Instagram. Sir explained what happens if we continue such habits, and many people have started changing after hearing it. We are incredibly thankful to SVCT Trust for sharing such valuable information.

Eighth grade student from DR.BR.Gurukulam, Peddapadu



Today, PCT and SVCT madams and sirs visited our school. In the class they conducted, the topic I liked the most was Love and Attraction. They explained that we should never chat with strangers on online apps. They also highlighted how some people try to win us over by giving gifts or chocolates, and they advised us never to trust such individuals. They made us understand this very clearly. Additionally, they spoke about the appropriate use of technology and how to identify whether the friends we choose are truly good or not. I also learned how to face any problems that come our way in our lives.

Ninth grade student from DR.BR.Gurukulam, Peddapadu



Firstly, many thanks to the SVCT team. When we go home, we often get stuck with phones and TVs, spending most of our time with them. But based on what you shared today, I realized that we should spend more time with our parents, share everything with them, and help them with even the smallest tasks. Similarly, we often think a lot about beauty, but after hearing what you said today, I understood that beauty is not important.

| SWECHHA FOR LITTLE BIRDS

7th Class student from M.P.U.P School, Desivanipeta



I have learned about Safe Touch & Unsafe Touch. No one should touch our private parts. If anyone gives us an Unsafe Touch, we should immediately call 1098. Also, if anyone experiences Unsafe Touch, they should not stay silent. They must inform their parents or people they trust. If someone tries to give us an Unsafe Touch, we should immediately say 'Stop,' shout loudly, run away from there, and then inform our elders, teachers, or trusted people.



6th Class student from M.P.U.P School, Desivanipeta



Greetings to everyone. Today, I want to share something important. Two sisters visited our school and taught us how to stay safe. They explained about Safe Touch and Unsafe Touch. Safe Touch makes us feel happy and comfortable, whereas Unsafe Touch makes us feel uncomfortable or hurt. If anyone ever makes us feel unsafe, we should immediately tell our elders, teachers, or call 1098 for help. If any of our friends experience trouble or discomfort because of someone, and they share it with us, we must inform our teachers or call 1098 to ensure their safety.

7th Class student from ZPHS, Edulavalasa



SVCT Team came to our school and spoke about six topics. Among them, what I understood was: "It's not my fault." In many situations, we use the terms Good touch and Bad touch, but in this, it was different. Here, we learned about Safe touch and Unsafe touch. If anyone touches our private parts, that is called Unsafe touch. Whether it is boys or girls, if anyone gives us an Unsafe touch, it is not our fault. But if we escape from that situation, it is good for us. We also learned about Internet safety. We use many games and apps on our phones and using them too much can harm us. That is why we should not spend too much time on the phone; we should spend happy time with everyone around us. Thank you SVCT Team.

CAREER GUIDANCE & COUNSELLING

TEACHERS

ZPHS, Srimukhalingam (2024):

The team members explained about SSC career options. The students listened carefully and were satisfied with the session.

ZPHS, Tilaru (2024):

This was very useful information for my 9th and 10th class students for their bright future. Thank you to the entire team.

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ZPHS, Narasannapeta (2024):

This program is very useful for the children to set their future.

STUDENTS

GHS, Narasannapeta (2024):

I'm from 10th class G.H.S. Narasannapeta High School today I learned so many things in this video. First of all, we should not waste our time. We should concentrate on our studies with enjoyment and happiness. I want to become an IAS officer. Thank you, sir. This video & Session is useful to many children.

”

ZPHS, Sundarapuram (2024):

I am studying in the tenth grade. You came to Sundarapuram School and told me that many students did not even know what they wanted to become. Now, after you told us what we can become in your motivational speech, many people will achieve a lot. Some students only have a goal but do not even know what to study. But by coming and telling me, you also told me what to study and how to become. I want to become a software engineer. You also told me how many subjects to study in engineering. It would be even better if you also told me which subjects to study in depth and how to study them. Thank you, sir.

”

ZPGHS, Susuram (2024):

I am studying in 10th grade. I am speaking on behalf of Z.P. High School, Susuram. I understood everything you said today about these goals and future goals very well. Before you came, I really did not know what my goal was. After you explained everything, I really understood that if I set this goal in my life, I would have to study these subjects and have exams like this, only after you came. Thank you so much for coming and telling me all this. Also, you, SVCT. On behalf of all the schools, many students, many students like me, are getting to know this. Thank you so much for your trust. My goal is to be in the IAS.